Year 9

Lesson Title		Content	When	How
1	Sexuality, Gender and Sex	• Defining the key terms and understanding the differences • Addressing misconceptions about gender • Gender fluidity, non-binary transgender etc. • Respectful and Appropriate Language • Protected Characteristics and the Law	RSE is taught to all Key Stage 3 groups during the Autumn 2 half term. At this point relationships between pupils and class teacher have been established and pupils should at this point feel comfortable to contribute, ask questions, answer questions and respond maturely to their peers and the topics covered. 2 hours per fortnight.	All RSE is taught in-line with the RPSE Curriculum at Holmfirth High School. We use a range of teaching techniques, including: • Group work • Independent Work • Paired Work • A range of work-sheets • Evaluation and analysis activities • Case Studies (real life) • Demonstrations • Visual Aids (contraception) • Creative activities • Age appropriate video resources • Occasional Documentaries (age and content appropriate) • Quizzes and Progress Indicators • Independent research • Where necessary online teaching via appropriate platforms will take place
2	Stereotypes and Prejudice	• Defining stereotypes, Prejudice and Discrimination • Laws on the above – link to Equality Act 2010 • The impact of language • Acceptance and Understanding		
3	What is sex?	• Reproduction • Sexual Anatomy • Sexual activity and intimate relationships including LGBT+ • Consent, Rape and Statutory Rape		
4	Respectful Sexual Behaviour and CSE	• Why respect is important in sexual relationships • Defining Child Sexual/Criminal Exploitation • How CSE/CCE happens • Signs of CSE/CCE • What to do about CSE/CCE • Impact on Victims		
5	Safe Sex and Sexual Health	• Impact of choices in sex and relationships on physical and mental health. • Recognising a healthy sexual or intimate relation		
6	Sexually Transmitted Infections	• STI's and STD's • Examples of the above including HIV and AIDS • How STI's are transmitted • Symptoms • Short-term and Long-term health affects • Where to go for help and advice		
7	Contraception	• What contraception is		

		• Importance of contraception and when it should be used • Methods of contraception – barrier, hormonal natural • What they look like and how they work • Advantages and disadvantages of each • Emergency Contraceptives		